

# **Report to Health Scrutiny Committee**

#### Post Stroke Rehabilitation Progress Update

14 November 2013

#### **Introduction**

Following the publication of the Stroke Pathway Project Report Healthwatch in April 2013 has continued to engage with Clinical Commissioning Groups (CCGs), commissioners and providers in Surrey on the recommendations for action in the report. Healthwatch has shared the report widely and had discussions to reinforce the importance of the service for stroke survivors, carers and their families post discharge from acute hospital. We have found that CCGs, in their early stages of development, have begun to look at commissioning for stroke and long term conditions, the intention is that the report will influence the commissioning process.

Healthwatch can report progress with the following organisations.

# Stroke Association

"The report was well received both within our own association and with our Commissioner, in our view it is an on-going piece of work and not time limited. The Stroke Association would like to thank you and Healthwatch for all your efforts in the last few months in trying to improve the services and support for stroke survivors in Surrey"

The Stroke Association has not seen any immediate increase in commissioning capacity.

<u>Report recommendation</u> – Increase the number/hours of Stroke Association Care Support Workers in the localities.

<u>Action</u> - Jean Boddy Surrey County Council (SCC) commissioner will have increasing capacity on the agenda for discussion with CCG commissioners in January 2014.

## East Surrey CCG

<u>Report highlighted</u> - the patient experience of discharge from East Surrey Hospital, lack of a psychology service and limited availability of community rehabilitation.

<u>Action</u> – Karen Devanny (Director of Nursing & Quality) and Dr Jo Osborne will be visiting the stroke services at East Surrey Hospital in November 2013.

## First Community Health

<u>Report highlighted</u> -The availability of community rehabilitation in the east of Surrey is limited.

<u>Action</u> – Samantha Stanbridge at East Surrey CCG has the options for the delivery of the community rehabilitation service from First Community Health for consideration.

#### NW Surrey CCG

<u>Report recommendations</u> – To commission using the Royal College of Physicians clinical guidance, to ensure stroke registers are in place, support plans for seamless discharge from acute to community care, a service capable of delivery of stroke rehabilitation at home.

<u>Action</u> – The CCG has a draft Strategic Commissioning Plan with the above report recommendations in it as some of the key changes to the current model commissioning.

## <u>Summary</u>

There is progress taking place with improvements in the experiences for people on the ground beginning to be part of commissioning plans but continued monitoring of progress will be required to ensure this happens. What the report has done is raise awareness of the experience of stroke survivors, families and carers widely. It has been featured in Healthwatch England's first annual report to parliament, Katherine Rake OBE, Chief Executive of Healthwatch England said "The work done by Surrey highlights the very real difference local Healthwatch are making on the ground, both in hospitals and in the community, they have been able to provide commissioners and providers with insight into how to develop people shaped services".

Healthwatch Surrey

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